

# John W. Capps, PhD

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## EDUCATION

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- Doctor of Philosophy in Psychology** **2023**  
University of Texas at El Paso  
Dissertation title: *“Demographic and Clinical Variables Associated with Transcranial Magnetic Stimulation (TMS) Response in Depression: A Growth Mixture Modeling Study.”*
- Master of Arts in Experimental Psychology** **2020**  
University of Texas at El Paso  
Thesis title: *“Adiposity and Arterial Stiffness: Associations with Prefrontal Cortex Hemodynamic Response and Response Inhibition.”*
- Bachelor of Arts in Psychology with Honors** | Minors: Chemistry, Biology, & Neuroscience **2014**  
University of North Carolina Wilmington  
Honors thesis title: *“Neuropsychological Test-Retest Performance following Traumatic Brain Injury (TBI) in a Military Population”*
- Associate of Arts in Psychology** **2011**  
Cape Fear Community College

## RESEARCH EXPERIENCE

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- Interdisciplinary Research in Health Sciences Team | Researcher** **2017-present**  
Universidad Autónoma de Ciudad Juárez | *Director: Yolanda Loya Mendez, PhD, MD*  
Focus: Interdisciplinary health science research with concentration in the influence of obesity, technology, and genetics on mental/physical well-being. Projects include: 1) Cravings and cognitive function in obesity, 2) Anxiety, resilience, stress and coping in youths, 3) Culturally appropriate psychological assessment, 4) Use of social media on psychological well-being and health, 4) Genetic determinates and environments associated with cognition and behavior in nuclear families. 5) EEG neurofeedback and mindfulness meditation in children with ADD/ADHD. 6) Transcranial magnetic stimulation & fNIRS neuroimaging.
- Health, Applied Psychometrics, & JDM Lab | Graduate Student Researcher** **2015-2023**  
University of Texas at El Paso | *Director: Osvaldo Morera, PhD*  
Focus: Health psychology, applied psychometrics, and neuroimaging (fNIRS) with a heavy quantitative approach. Projects include: 1) Cerebral hemodynamic response to exercise and its relation to health and cognitive functioning, 2) The association between vascular health, body composition and hemodynamic response during cognitive tasks, 3) Body composition and cerebral hemodynamic response during the food Stroop task, 4) Clinical variables associated with frontal transcranial magnetic stimulation in depression, 5) Cerebral hemodynamic response during exercise and its relationship with VO2 max, executive function, exercise endurance, and perceived exertion in trained cyclists.
- Roger Sperry Neuropsychology Lab | Research Assistant** **2012-2015**  
University of North Carolina Wilmington | *Director: Antonio E. Puente, PhD*  
Focus: Neuropsychological Assessment, Cross-cultural Neuropsychology, Military Neuropsychology: TBI and PTSD. Projects included 1) Neuropsychological assessment of blast injuries in a military population, 2) Test-retest performance of veterans following traumatic brain injury, 3) Digital education of psychologists on billing procedures and CPT codes, 4) Digital Archiving of the works of Roger Sperry.
- Aging and Cognitive Training Lab | Research Assistant** **2012-2015**  
University of North Carolina Wilmington | *Directors: Karen Daniels, PhD & Jeffery Toth, PhD*  
Focus: Cognitive psychology with a focus on aging and health. Improvement of cognition via games and lifestyle factors. Projects included: 1) Using functional near infrared spectroscopy (fNIRS) to explore attention and executive function, 2) Tracking daily activity and exercise – associations with cognitive performance and cognitive change, 3) Use of computerized tasks to measure executive functions.

## CERTIFICATIONS

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**Graduate Certificate in Quantitative Methods in Psychology** **2023**  
University of Texas at El Paso  
Presentation title: *“Revealing Treatment Response Diversity: A Growth Mixture Modeling Study of TMS Response in Depression using Real-World Clinical Data.”*

**Meditation and Mindfulness Teacher Certificate** **2024**  
School of Positive Transformation  
International Mindfulness & Meditation Alliance (IMMA) Accredited

## PROFESSIONAL MEMBERSHIPS AND COMMITTEES

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**Clinical TMS Society** **2023-present**

**American Psychological Association** **2014-present**

**American Psychological Association Student Campus Representative** **2016-2020**

**National Academy of Neuropsychology Social Media Committee** **2014-2017**

**National Academy of Neuropsychology** **2013-2017**

**Psi Chi International Honor Society** **2011-2015**

## CLINICAL EXPERIENCE

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**Neurostimulation & Neurodiagnostic Technician / Lead Clinical Researcher** **2020-present**  
Alfredo H. Arellano, PMHCNS – *TMS El Paso* - Psychiatric and TMS Clinic in El Paso, Texas  
Responsibilities: • Conduct EEG, TMS, and psychological evaluations, collaborating with providers to integrate findings into comprehensive treatment plans. • Facilitate interdisciplinary efforts to deliver advanced neurostimulation therapies, ensuring protocol compliance and patient safety. • Analyze neurodiagnostic data, providing insights to support clinical decision-making and patient care optimization. • Facilitate interdisciplinary efforts to design, conduct, and publish research studies furthering supporting clinical outcomes.

**Neuropsychological Testing & Neuromodulation Technician** **2017-present**  
Veronica Portillo Reyes, PhD - *Neuro Spa Clinic* - Private Practice in Cd. Juarez, Mexico  
Responsibilities: • Administer and score a wide range of standardized neuropsychological tests as directed by clinical psychologist. • Prepare and maintain testing environments and materials, ensuring a safe and distraction-free setting conducive to accurate test performance. • Compile and report test results, providing detailed observations and data to support the diagnostic and therapeutic process. • Conduct neuromodulation sessions with patients. • Provide feedback to patients on neuromodulation sessions.

**Mental Health Intern/ Neuropsychological Testing Technician** **2012-2015**  
Cape Fear Clinic under Antonio E. Puente, PhD – Non-profit clinic in Wilmington, North Carolina  
Responsibilities: • Administer standardized neuropsychological assessments, ensuring accurate measurement of cognitive, emotional, and behavioral functioning. • Observe cognitive-behavioral therapy (CBT) sessions, shadowing licensed therapists to understand therapeutic techniques and patient interaction. • Collaborate with multidisciplinary teams to integrate observational data with broader mental health treatment strategies, enhancing patient care.

## PUBLICATIONS

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Portillo-Reyes, V., **Capps, J. W.**, Loya-Méndez, Y., & Portillo-Reyes, M. (2022). Psychometric properties of the ASEBA older adult self-report in a Mexican sample. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03022-0>

Portillo-Reyes, V. Ávila-Amaya, J. A., **Capps, J. W.** (2021). Relación del Uso de Redes Sociales con la Autoestima y la Ansiedad en Estudiantes Universitarios. *Enseñanza e Investigación en Psicología*, 3(1).

Rescorla, L. A., Ivanova, M. Y., Achenbach, T. M., Almeida, V., Anafarta-Sendag, M., Almeida V., Anafarta- Sendag M., Bite I., Caldas J.C., **Capps J.W.**, Chen Y.C., Colombo P, da Silva Oliveira M., Dobrean A., Erol N., Frigerio A., Funabiki Y., Gedutienė R., Guðmundsson H. S., Heo M. Q., Kim Y.A., Lee T.S., Leite M., Liu J., Markovic J., Misiec M., Müller M., Oh K.J., Portillo-Reyes V., Retz W., Sebren S.B., Shi S., Sigurðardóttir S.H., Šimulionienė R., Sokoli E., Milijasevic D., Zasepa E. (2020). Older adult psychopathology: international comparisons of self-reports, collateral reports, and cross-informant agreement. *International Psychogeriatrics*, 1–12.

Portillo-Reyes, V., **Capps, J. W.**, Loya-Méndez, Y., Reyes-Leal, G., & Quiñones-Soto, J. (2020). Daily stress and coping strategies: Relationships with anxiety and resilience in preadolescents from Ciudad Juarez, Mexico. *Current Psychology*. 10.1007/s12144-020-00682-8

Ivanova, M. Y., Achenbach, T. M., Rescorla, L. A., Turner, L. V., Dumas, J. A., Almeida V., Anafarta-Sendag M., Bite I., Caldas J.C., **Capps, J. W.**, Chen Y.C., Colombo P, da Silva Oliveira M., Dobrean A., Erol N., Frigerio A., Funabiki Y., Gedutienė R., Guðmundsson H.S., Heo M.Q., Kim Y.A., Lee T.S., Leite M., Liu J., Markovic J., Misiec M., Müller M., Oh K.J., Portillo-Reyes V., Retz W, Sebren SB, Shi S, Sigurðardóttir SH, Šimulionienė R, Sokoli E, Milijasevic D, Zasepa E (2020). The generalizability of Older Adult Self-Report (OASR) syndromes of psychopathology across 20 societies. *International Journal of Geriatric Psychiatry*, 35(5), 525-536.

Avitia, G. C., Méndez, Y. L., Portillo-Reyes, V. P., Leal, G. R., & **Capps, J. W.** (2018). Cravings, sugar and fat consumption as determinant factors of obesity in young adults in Juarez City. *Nutricion hospitalaria*, 35(4), 833-840.

## BOOK CHAPTERS

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Portillo-Reyes, V., **Capps, J. W.**, Loya Méndez, Y., Reyes Leal, G., & Avitia, G. (2019). *Omega-3 and Cognition in Children with Malnutrition*. Omega Fatty Acids in Brain and Neurological Health, 143– 159.

Portillo-Reyes, V. Capps, J. W., & Loya Méndez, Y. (In Press -2025) *Impacto de la Malnutrición en el Neurodesarrollo Infantil en México*.

## MANUSCRIPTS IN PREPARATION

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**Capps, J. W.**, Morera, O., Portillo-Reyes, V. P., Schwartz, A., Bangert A., Bajpeyi, S. (Manuscript in preparation) *Adiposity and Arterial Stiffness: Associations with Prefrontal Cortex Hemodynamic Response and Stop Signal Task Performance*.

**Capps, J. W.**, Morera, O., Portillo-Reyes, V. P., Arellano, A. H., Puente, A. E. (Manuscript in preparation) *Clinical Response to Transcranial Magnetic Stimulation Treatment in Depression: A naturalistic growth mixture model study*.

Méndez, Y. L., **Capps, J. W.**, Portillo-Reyes, V., M, Avitia, G. C. (Manuscript in preparation) *Self-Esteem and Body Composition in Mexican Adolescents: The Role of Social Media and Reported Diet*.

**Capps, J. W.**, Barrera, E., Hernandez, J., Morera, O. (Manuscript in preparation) *Cerebral Hemodynamic Response to the Food Stroop Task: An Event Related Functional Near-Infrared Spectroscopy (fNIRS) Study*.

## PUBLISHED ABSTRACTS

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- Capps, J. W.,** Arellano, A. H., Reyes, V. P., Morera, O., & Puente, A. E. (2025). Predictors of TMS Treatment Response among Military-Connected Individuals with Depression: A Retrospective Study in a Borderland Clinic. *Transcranial Magnetic Stimulation*.
- Capps, J. W.,** Arellano, A. H., Reyes, V. P., Morera, O., & Puente, A. E. (2024). Trajectories of TMS response in depression and associated patient characteristics: A growth mixture modeling study. *Transcranial Magnetic Stimulation, 1*, Article 100044.
- Capps, J. W.,** Barrera, E., Hernandez, J., Morera, O. (2018) Indice De Masa Corporal, Presión Arterial, Respuesta Cerebro-Vascular Al Ejercicio y su Relación con el Funcionamiento Cognitivo. *Neuropsicología, Neuropsiquiatría y Neurociencias, 18*(1), 65.
- Francis, M., Wisnoski, J., **Capps, J. W.,** Dedmon, A., & Puente, A. E. (2014). *Processing Speed in Veterans Does Not Appear to be Affected by Loss of Consciousness or Number of Times Blasted*. *Archives of Clinical Neuropsychology, 29*(6), 594-594.
- Capps, J. W.,** Francis, M., Wisnoski, J., Dedmon, A., & Puente, A. E. (2014). Neuropsychological Test-Retest Performance following Traumatic Brain Injury in a Military Population. *Archives of Clinical Neuropsychology, 29*(6), 594-595.
- Wisnoski, J., Francis, M., **Capps, J. W.,** Dedmon, A., & Puente, A. E. (2014). Does Depression Predict Executive Function Performance in a Military Sample?. *Archives of Clinical Neuropsychology, 29*(6), 600-601.
- Wisnoski, J., **Capps, J. W.,** Francis, M.A., Sekely, A.C., Cadwell, A.N., Puente, A.E., Steed, A., & Engelstatter, G.H. (2014). The effects of blast-related traumatic brain injury on executive functions in a large veteran sample. *The Clinical Neuropsychologist, 2014* Vol. 28, No. 4, 700-701.
- Capps, J. W.,** Francis, M.A., Wisnoski, J., Sekely, A.C., Cadwell, M.A., Dedmon, A.N., Puente, A.E., Steed, A., & Engelstatter, G.H. (2014). Retrospective analysis of neuropsychological change in veterans following traumatic brain injury. *The Clinical Neuropsychologist, 2014* Vol. 28, No. 4, 700-701.
- Cadwell, M.A., Puente, A.E., Francis, M.A., **Capps, J. W.,** Wisnoski, J., Dedmon, A.N., Sekely, A.C., Steed, A., & Engelstatter, G.H. (2014). Relationship of PTSD and loss of consciousness. *The Clinical Neuropsychologist, 2014*, Vol. 28, No. 4, 700-701.
- Francis, M.A., Sekely, A.C., **Capps, J. W.,** Wisnoski, J., Dedmon, A.N., Cadwell, M.A., Puente, A.E., Steed, A., & Engelstatter, G.H. (2014). Test of memory malingering as a predictor of atypical response of the Traumatic Symptoms Inventory. *The Clinical Neuropsychologist, 2014*, Vol. 28, No. 4, 700-701.
- Whithers, K., Puente, A.N., Dedmon, A., **Capps, J. W.,** Lindsey, H., Francis, M. Weigand, L., Steed, A., Puente, A.E. (2013). Processing Speed is Traumatic Brain-Injured War Veterans. *Archives of Clinical Neuropsychology, 28*(6), 602.
- Puente, A.E., Lindsey, H., Dedmon, A., **Capps, J. W.,** Whithers, K., Weigand, L., Steed, A. (2013) Neuropsychological Descriptions of Blast Injuries: The Camp LeJeune Blast Data Set. *Archives of Clinical Neuropsychology, 28*(6), 603.

## PRESENTATIONS

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- Capps, J.W.,** Portillo Reyes, V., Arellano, F., & Morera, O. (June 2025) *Predictors of TMS Treatment Response among Military-Connected Individuals with Depression*. Poster Presented at Clinical TMS Society Conference, San Diego, CA.

- Capps, J. W.** (May, 2025). *Neuromodulación para la conducta alimentaria*. Invited talk presented at the Sindicato de Profesores, Instituto de Ciencias Biomédicas, Universidad Autónoma de Ciudad Juárez (UACJ), Ciudad Juárez, México.
- Capps, J.W.,** Portillo Reyes, V., Arellano, F., & Morera, O. (June 2024) *Trajectories of TMS Response in Depression and Associated Patient Characteristics: A Growth Mixture Modeling Study*. Poster Presented at Clinical TMS Society Conference, London, UK.
- Capps, J.** (March, 2019) *Espectroscopia Funcional del Infrarrojo Cercano (fNIRs), medidas fisiológicas, y pruebas computarizadas; Aplicación a la investigación psicológica*. Symposium at the IV Congreso Estudiantil de Psicología: Congreso Fronterizo Internacional, Universidad Autónoma de Ciudad Juárez, Ciudad Juárez, México.
- Capps, J.** (October, 2019) *Espectroscopia Funcional del Infrarrojo Cercano (fNIRs) y Cognición*. Symposium at XVI Jornada de Psicología Clínica, Universidad Nacional Federico Villareal, Lima, Perú.
- Capps, J.** (October, 2019) *Modelos de Exuaciones Estructurales*. Workshop at the XVI Jornada de Psicología Clínica, Universidad Nacional Federico Villareal, Lima, Perú.
- Portillo Reyes, V., **Capps, J.** (October, 2019) *Psicología Aplicada a la Obesidad*. Invited symposium at the Universidad Femenina del Sagrado Corazón, Lima, Perú.
- Capps, J.,** Barrera, E., Hernandez, J., Morera, O. (July, 2018) *Indice De Masa Corporal, Presión Arterial, Respuesta Cerebro-Vascular Al Ejercicio y su Relación con el Funcionamiento Cognitivo*. In Y. L. Mendez (Chair) Enfoque Multidisciplinario De La Obesidad. Symposium conducted at the X Congreso Internacional Cerebro-Mente, Guatemala, Guatemala.
- Capps, J.,** Barrera, E., Hernández, J., Villasenor, R., & Morera, O. (August, 2017) *Inhibition, Health Metrics, and Change in Brain Oxygenated Hemoglobin during Incremental Exercise*. UTEP COURI Symposium, El Paso, Texas.
- Capps, J.,** Barrera, E., Hernandez, J., & Morera, O. (July, 2017) *BMI, Brain Vascular Response to Exercise, and Cognitive Function*. Poster Presented at BIOPAC T4 Human Physiology Conference, Santa Barbara, CA.
- Capps, J.** (March, 2017). *Functional Near Infrared Spectroscopy: Introduction and Application to Psychological Research*. Psychology Departmental Colloquium presented at UTEP, El Paso, TX.
- Capps, J.** (October, 2016). *Cerebral Hemodynamic response to incremental exercise: Relating health, cerebral response, and cognitive functioning*. Psychology Department Colloquium presented at UTEP, El Paso, TX.
- Capps, J.** (November, 2016). *Relationships between Health, Brain Vascular Response to Exercise and Cognitive Functioning*. Poster presented at the UTEP Graduate Student Research Expo, El Paso, TX.
- Francis, M. A., Wisnoski, J., **Capps, J.,** Dedmon, A., Puente, A. E. (November, 2014). *Processing Speed in Veterans Does Not Appear to be Affected by Loss of Consciousness or Number of Times Blasted*. Poster presented at 34rd Annual National Academy of Neuropsychology, Fajardo, Puerto Rico.
- Capps, J.,** Francis, M. A., Wisnoski, J., Dedmon, A., Puente, A. E. (November, 2014). *Neuropsychological Test-Retest Performance Following Traumatic Brain Injury in a Military Population*. Poster presented at 34rd Annual National Academy of Neuropsychology, Fajardo, Puerto Rico.
- Wisnoski, J., Francis, M. A., **Capps, J.,** Dedmon, A., Puente, A. E. (November, 2014). *Does Depression Predict Executive Function Performance in a Military Sample?* Poster presented at 34rd Annual National Academy of Neuropsychology, Fajardo, Puerto Rico.

- Puente, A.E., Wang, Y., Chen, C., **Capps, J.**, Sekely, A.C. (October, 2014). *Neuropsychological concomitants of TBI and PTSD in a large military sample*. Invited symposium at the Naval Hospital of Camp Lejeune, Jacksonville, NC.
- Wisnoski, J., **Capps J.**, Francis, M.A., Sekely, A.C., Cadwell, A.N., Puente, A.E., Steed, A., & Engelstatter, G.H. (August, 2014). *The effects of blast-related traumatic brain injury on executive functions in a large veteran sample*. In A.E. Puente (Chair), *Neuropsychological assessment of blast injuries*. Symposium conducted at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Capps J.**, Francis, M.A., Wisnoski, J., Sekely, A.C., Cadwell, M.A., Dedmon, A.N., Puente, A.E., Steed, A., & Engelstatter, G.H. (August, 2014). *Retrospective analysis of neuropsychological change in veterans following traumatic brain injury*. In A.E. Puente (Chair), *Neuropsychological assessment of blast injuries*. Symposium conducted at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Cadwell, M.A., Puente, A.E., Francis, M.A., **Capps, J.**, Wisnoski, J., Dedmon, A.N., Sekely, A.C., Steed, A., & Engelstatter, G.H. (August, 2014). Relationship of PTSD and loss of consciousness. In A.E. Puente (Chair), *Neuropsychological assessment of blast injuries*. Symposium conducted at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Puente, A.E., **Capps, J.**, Francis, M.A., Wisnoski, J., Sekely, A.C., Cadwell, M.A., Dedmon, A.N., Steed, A., & Engelstatter, G.H., (August, 2014). *Traumatic brain injury and PTSD: Neuropsychological outcomes in Marine Corps and naval veterans*. In E.A. Zillmer (Chair), *Emerging issues in military psychology*. Symposium conducted at the 122<sup>nd</sup> Annual Convention of the American Psychological Association, Washington, DC
- Wisnoski, J., **Capps, J.**, Francis, M., Dedmon, A., Sekely, A., Cadwell, M., Mejia, A., Hernandez, M., Sutton, G., & Puente, A.E. (April, 2014) *It's time for psychology: The science of running a campaign for the presidency of the American Psychological Association*. Poster presented at the 2014 North Carolina Psychological Association/North Carolina Psychological Foundation (NCPA/NCPF) Spring Conference, Charlotte, NC.
- Capps J.**, Dedmon A., Francis M., Wisnoski J., Sekely A., Cadwell, M. Mejia A., Puente, A. E. (April, 2014) *Electronically Educating Psychologists About Common Procedural Terminology (CPT)*. Poster presented at the 2014 North Carolina Psychological Association/North Carolina Psychological Foundation (NCPA/NCPF) Spring Conference, Charlotte, NC.
- Capps J.**, Blank, O., & Daniels, K. (April, 2014) *Exercise and Cognitive Performance: Developing Methodology to Monitor Daily Activity and Cognitive Change*. Poster presented at the UNCW Spring Student Showcase, Wilmington, NC.
- Capps J.**, Dedmon A., Francis M., Wisnoski J., Sekely A., Cadwell, M. Mejia A., Puente, A. E. (April, 2014) *Neuropsychological Test-Retest Performance Following Traumatic Brain Injury in the Military: Early Recovery and Reliable Change Indices Differences*. Poster presented at the UNCW Spring Student Showcase, Wilmington, NC.
- Capps J.**, Francis M., Lindsey H., Withers K., Dedmon A., Sekely A., Cadwell M., Wisnoski J., Wiegand L., Puente A. E., Steed A. (October, 2013) *Neuropsychological Evaluation of Military Traumatic Brain Injury*. Poster presented at the UNCW Fall Student Showcase, Wilmington, NC.
- Capps J.**, Francis M., Lindsey H., Withers K., Dedmon A., Sekely A., Cadwell M., Wisnoski J., Wiegand L., Puente A. E., Steed A. (October, 2013) *Post-Traumatic Stress Disorder in a Large Veteran Sample: Results of the Traumatic Symptoms Inventory*. Poster presented at the UNCW Fall Student Showcase, Wilmington, NC.
- Whithers, K., Puente A., Dedmon A., **Capps J.**, Lindsey H., Francis M., Weigand L., Steed A., Puente A. (October, 2013) *Processing Speed in Traumatic Brain Injured War Veterans*. Poster presented at 33rd Annual National Academy of Neuropsychology, San Diego, CA.

Puente A., Lindsey H., Dedmon A., **Capps J.**, Whithers K., Weigand L., Steed A. (October, 2013) *Neuropsychological Description of Blast Injuries: The Camp LeJeune Blast Data Set*. Poster presented at 33rd Annual National Academy of Neuropsychology, San Diego, CA.

Puente, A. E., Steed, A., Johnson K., **Capps, J.**, Francis, M., Lindsay, H., Withers, K., Dedmon, A., Wiegand, L., Sekely, A., Cadwell, M., & Wisnoski, J. (2013, September). *Neuropsychological evaluations of military traumatic brain injury: Sample composition and blast battery performance*. Poster presentation at the UNCW Hispanic Faculty Research Forum, Wilmington, NC.

Puente, A. E., Steed, A., Johnson K., **Capps J.**, Dedmon A., Francis M., Lindsey H., Withers K. (April, 2013) *Neuropsychological Evaluations of Military Traumatic Brain Injury: An Overview of Sample Composition and Blast Battery Performance*. Poster presented at the North Carolina Psychological Association Spring Conference, Charlotte, NC.

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### NEWSLETTERS ARTICLES

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Puente, A. E., **Capps, J. W.**, Dedmon, A. (September 2014) *Current Procedural Terminology (CPT), Healthcare and Psychological Services*. North Carolina Psychological Association Newsletter.

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### GRANTS

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**Dodson Research Grant** 2018  
University of Texas at El Paso

**Student Government Association Travel Grant** 2024  
University of Texas at El Paso

**Dodson Travel Grant** 2018  
University of Texas at El Paso 2017

**Graduate Student Travel Grant** 2017  
University of Texas at El Paso

**CSURF Travel Grant** 2012  
University of North Carolina Wilmington

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### AWARDS

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**Outstanding Dissertation Award** 2024  
University of Texas at El Paso

**Cape Fear Psychological Association Award** 2014  
University of North Carolina Wilmington

**Undergraduate Research Scholar** 2013  
University of North Carolina Wilmington

**Chancellor's Award** 2013  
University of North Carolina Wilmington 2012

**Dean's List** 2012  
University of North Carolina Wilmington

## TEACHING AND MENTORING EXPERIENCE

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<b>Associate Instructor</b> University of Texas at El Paso Introduction to Statistical Methods (7 Semesters) & Lab for Experimental Psychology (1 Semester)	<b>2017-2022</b>
<b>Teaching Assistant</b> University of Texas at El Paso Applied Correlation and Regression (3 Semesters) – Graduate level course	<b>2015-2020</b>
<b>BUILDing Scholars Summer Undergraduate Research Mentor</b> University of Texas at El Paso	<b>2017</b>

## OTHER PROFESSIONAL EXPERIENCE

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<b>Founder/Operator</b> Zen Focus Neuro Wellness – <i>Personalized Neuro Wellness Program Provider</i>	<b>2024-present</b>
<b>Owner/Operator</b> ASEBA Latin America – <i>Psychological Test Distributor for Latin America</i>	<b>2019-2024</b>
<b>IT Project Manager - Web Developer / Social Media Manager</b> Diabetes Thyroid Metabolic Clinic – <i>Medical Practice in El Paso, Texas</i>	<b>2023-2024</b>
<b>IT Project Manager - Web Developer</b> Mountain Star Counseling and Therapy – <i>LPC Practice in El Paso, Texas</i>	<b>2023-2024</b>
<b>IT Project Manager - Web Developer/ Social Media Manager</b> El Paso Family Doctor / Border Regional Medical – <i>Family Medical Practices in El Paso, Texas</i>	<b>2019-2024</b>
<b>IT Project Manager - Web Developer/ Social Media Manager</b> Empower Psychiatry and Sleep, LLC – <i>Psychiatrist Practice in Suwanee, Georgia</i>	<b>2019-2024</b>
<b>IT Project Manager - Web Developer/ Social Media Manager</b> Merus Gastroenterology and Gut Health, LLC – <i>Gastroenterologist Practice in Suwanee, Georgia</i>	<b>2020-2024</b>
<b>IT Project Manager - Web Developer</b> FeelBetterMD, LLC – <i>Telehealth Startup in Jacksonville, North Carolina</i>	<b>2014-2016</b>
<b>Behavioral Sitter and Job Coach / Technology Consultant</b> Learning Perspectives SE – <i>Non-profit organization in Wilmington, North Carolina</i>	<b>2014-2015</b>
<b>Technology Consultant / Web Developer</b> University Neuropsychology – <i>Practice for Antonio E. Puente, PhD in Wilmington, North Carolina</i>	<b>2012-2015</b>

## COMMUNITY INVOLVEMENT

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<b>Psi Chi International Honor Society - Historian/Webmaster</b> University of North Carolina Wilmington	<b>2013-2014</b>
<b>Psi Chi International Honor Society - Vice-President</b> University of North Carolina Wilmington	<b>2012-2013</b>

**Triathlon Club - Historian/Webmaster**

University of North Carolina Wilmington

**2012-2014**

**Psi Chi International Honor Society – Philanthropy Coordinator**

University of North Carolina Wilmington

**2011-2012**